



# SAMSON'S GREAT DEEDS



## Activity 1

### How strong are you? The Potato Test!

#### You will need

A raw potato

A straw

#### What to do

If the straw you are using is a bendy one, cut off the bendy part so you have a straight straw. The task is to push the straw into the potato so that you can lift the potato with the straw – but are you strong enough to complete the task? Have a go at this for yourself to see how hard it is. There is a trick to getting the straw through. Find out how at the bottom of the page, then try the test out on some of your family!

Today you are going to meet a character in the bible who was given an amazing gift from God – superhuman strength!



## Activity 2

### Story time

Watch the video at

<https://www.rippleconnor.org.uk/all-aboard-bitesized/>

## Activity 4

### Prayer Activity -Strong Roots!

Samson was chosen by God from before he was born. He was brought up by a mum and dad who loved and obeyed God and they taught him to do the same. In the early part of Samsons' life he was rooted in God and God blessed him and made him strong.

#### You will need

A broad bean seed, a jar, kitchen roll or a napkin, water

#### What to do

- Swirl a small amount of water around the jar.
- Slightly dampen your napkin or kitchen roll, fold and place in the jar.
- Place the bean seed in the jar resting on the napkin.
- Spray some water on the bean every few days.
- The bean should start to grow roots after a few days.

A plant is healthy when it has strong roots which can pick up water and nutrients from the soil. The bible says we should be rooted in Christ Jesus.

*Colossians 2:7 Keep your roots deep in him, build your lives on him, and become stronger in your faith, as you were taught.*

How do we become more deeply rooted? When we come to church to learn more about Jesus, when we read the bible and pray, we become more deeply rooted.

#### Pray together

Lord Jesus

Help us to become more strongly rooted in You.

Make our faith in You stronger,

Make our love of You deeper,

Make our trust in you more certain.

Amen



## Activity 3

### Edible Samson

#### You will need

Gingerbread men

Writing icing pens

Liquorice straps /strawberry laces

#### What to do

Use the writing icing pens to decorate Samson with muscles and facial features. Add laces or liquorice straps for his long hair.

